

Everyone's safety and welfare, is Everyone's responsibility.

Whilst Parent and Family Support Advisors offer support and help to parents/carers, children and young people, we are aware that some may need different or specialist support. If the Parent and Family Support Advisor felt this was the case, we would discuss this and get agreement to talk to others about this. We would not do this without agreement.

*If we have any concerns that put your child, you or others at risk of harm, then we have a duty to report this to the appropriate agencies.
We will, where possible, endeavour to discuss this with you before doing so, but this may not always be possible.*

Contact information

If you would like some support please speak to your child's school and they will complete a referral form or if you would like to chat things through and see if a PFSA is right for you, you are welcome to contact Alison directly on:

Mob: 07938 072241

alison.parsons@wincantonprimaryschool.co.uk

Please note Alison's usual working days are:

Monday 8.45am-1.15pm

Tuesday 8.45am-1.15pm

Wednesday 8.45am-1.30pm

Thursday 8.45am-1.30pm

Term time only

Do you sometimes feel overwhelmed and not sure what to do?



Can things with your children be challenging?

**Maybe a
Parent and Family Support
Advisor
is what you're looking for.**

With everyday life forever changing and pressures increasing, life as a parent/carer can be challenging. Navigating your way through these can sometimes feel overwhelming, uncertain and lonely.

A PFSA is here to offer short term help, guidance and support to you as Parents/Carers and the Children/Young people where appropriate.

Offering support with

- Bedtime routines
- Morning routines
- Behaviour management
- Supporting school work and expectations
- Children's mental health
- Parent's mental health
- Emotion coaching
- Housing
- Finance
- Attendance
- Or anything else
You wish to discuss



How a PFSA works

The PFSA works across the following 3 schools in the Wincanton area:

- Wincanton Primary School,
- Our Lady of Mount Carmel Primary School
- King Arthur's Secondary School.

They work closely with parents/carers, School and other agencies to try and provide the best possible support and achieve positive outcomes for you as a family and your children.

They can work one to one in the family home, school or other settings, where you feel most comfortable.

It's important that you are in agreement with the support being offered and consent will be asked for before work will begin.



We are here to help empower you as parents/carers with the tools and knowledge, to make positive changes for your family as a whole; focusing on your strengths and what's going well.

We may not know all the answers, but can direct you to other services or professionals who might be able to help.

